



BRIAN PUTZ, MA, LP

Brian is a Licensed Psychologist with extensive experience working with young people with social skill impairments. See our website (www.healingts.com) to view his profile.

ALAN DAVIS, LMFT

Alan is a Licensed Marriage & Family Therapist who works with young people and their families. See our website (www.healingts.com) to view his profile.

Group discussion topics include:

Self-image

Assertiveness

Understanding Anger

Hygiene

Boundaries

Self-talk

Family Relationships

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SOCIAL SKILL DEVELOPMENT

**A GROUP
FOR BOYS**

Healing Therapeutic Services, LLC

Your Mental Health Resource

Social Skill Development is a skills-based therapeutic group for boys, ages 11-14. This ongoing group uses a twelve week curriculum focusing on the basics of communication and relationship-building skills. While the group is planned as twelve sessions, clients can attend for longer if they would like. Clients can join the group at any time in the group cycle.

The group is offered on Thursday evenings (5pm-6pm) to accommodate school schedules and after-school activities. The group starts the first week of October.

Each group consists of two parts: a presentation on the weekly topic, followed by a discussion group or activity. New clients will be asked to attend a diagnostic interview (with a parent) to assess their appropriateness for the group before starting.

To Register for this group contact Debbie, the HTS Office Manager at 763-427-2590.

Please have your insurance information ready. Brian and Alan are in-network providers for most major insurance companies. The group is also available out-of-pocket for those not wishing to bill insurance.